

As Seen on CNN, ABC, NBC, Fox...

How To Come Back After a Setback

5 Foolproof Steps to Get Back On Your Feet

Unemployment at a 26-year high, nest eggs cracked, home values underwater. But business expert Noah St. John says you CAN lower debt-related stress and get back on your feet – and it's easier than you think!

- Brigid was 337 pounds and “a suicidal mess.” Using one of Noah’s methods, she lost 150 pounds, finished college and is working on her master’s degree.
- Pippy was feeling very anxious because she was being laid off. Using Noah’s techniques, she got a new job that she likes better than her old one!
- Brandon spent \$30,000 on traditional self-help programs with nothing to show for it. Using Noah’s steps, he increased his income by 560% in 9 months and married the woman of his dreams.

Noah St. John, business expert and bestselling author of ***THE SECRET CODE OF SUCCESS (HarperCollins)***, shows people how to take out their “head trash”. He’s appeared in over 1,000 media outlets including CNN, ABC, NBC, NPR, *PARADE*, *Woman’s Day* and *The Washington Post*.

Noah’s 5 Foolproof Steps to Get Back on Your Feet:

1. Release the brakes.
2. Use **Afformations** (not “affirmations”).
3. Assess your mess.
4. Clear your fear.
5. Use a setback as a setup for your comeback.

“If you want to crack your own secret code of success, crack open Noah’s book.”
—**Harvey Mackay, Swim with the Sharks**

“Noah, you are the BEST!!! And you can quote me on that.”
—**Joyce McMenamin, Producer Network Abundance Radio**

Other show/segment ideas:

- **How to prevent a holiday meltdown**
- 5 tips to re-invent yourself in today’s economy
- **How to succeed in tough times**

See recent TV appearances at <http://NoahNow.com>

Call now to book an interview with business expert and bestselling author **Noah St. John, Ph.D.**

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